

# TIMETABLE

# CORPORATE BOX



ROUNDS | CLASSES | PADS | SPARRING

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 5:30AM – 6:15AM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 5:30AM – 6:15AM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 5:30AM – 6:15AM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 5:30AM – 6:15AM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 5:30AM – 6:15AM	<b>SUPERVISED SPARRING</b> All Levels 7:15AM – 8:45AM
<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 6:30AM – 7:15AM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 6:30AM – 7:15AM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 6:30AM – 7:15AM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 6:30AM – 7:15AM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 6:30AM – 7:15AM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 7:15AM – 8:00AM
<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 5:15PM – 6:00PM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 5:15PM – 6:00PM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 5:15PM – 6:00PM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 5:15PM – 6:00PM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 5:15PM – 6:00PM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 8:00AM – 8:45AM
<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 6:00PM – 6:45PM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 6:00PM – 6:45PM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 6:00PM – 6:45PM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 6:00PM – 6:45PM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 6:00PM – 6:45PM	
<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 6:45PM – 7:30PM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 6:45PM – 7:30PM	<b>BOXING &amp; KICKBOXING FITNESS CLASS</b> All levels 6:45PM – 7:30PM			

## STAFF HOURS

5:30AM – 7:30AM	7:00AM – 9:00AM				
5:00PM – 7:30PM	5:00PM – 7:30PM	5:00PM – 7:30PM	5:00PM – 6:45PM	5:00PM – 6:45PM	